

# Betrayal

By Helen J. Dixon

When your soul aches so bad  
that no other feeling is palpable;  
When every heartbeat tightens your chest  
and exacts a wince.  
When the sight of happiness repels you  
and makes you want to hide.  
Then you are in the throes  
of a lover's betrayal  
and the only way out of despair  
is through honesty.