

Focus on the Solution, Not the Problem

By Andrew Pell

On our journey in life we are faced with many problems and trials.
It does not help if we automatically go into some form of denial.
We expend all our energy into the problem and not the solution.
We need to stop, step outside the darkness and open the curtain.

There are many alternatives to the many problems we face.
Go and meditate in a quiet corner, perhaps some special place.
We empty our hurt, look beyond the veil.
There we can grasp the light and we know we cannot fail.

Focus on the solution and the answer will follow.
Always remember there will be a glorious tomorrow.
When we are angry or hurt, we cannot see the answer
The bigger the problem we must meditate and pray deeper.

The answer will be clear, with God there is no confusion.
All we have to do is ask and listen.